# **OUR THREE-PHASE PROGRAM**

#### Phase 1

**ASAM 3.5** 

**Clinically Managed High-Intensity Residential** Focus on building a foundation for recovery

#### Phase 2

#### **ASAM 3.1**

**Clinically Managed Low-Intensity Residential** Focus on reintegrating into the community

### Phase 3

**ASAM 2.1** Intensive Outpatient (IOP) with Boarding Opportunity to work part-time during IOP phase

Freedom House is an outcomedriven program, where length of stay is determined by progress toward your treatment goals rather than a fixed number of days.



# Get recovery help now.

(502) 635-4530 Louisville, KY (606) 658-8050 Manchester, KY IntakeARS@voamid.org

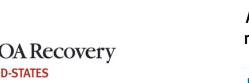


**1025 2ND STREET** LOUISVILLE, KY

40203

**1436 SHELBY STREET** LOUISVILLE, KY 40217

8467 N HIGHWAY 421 MANCHESTER, KY 40962



Access our online referral form here



# **FREEDOM HOUSE**

Find treatment for substance use disorder at Freedom House WITHOUT leaving your children behind.

# **AT FREEDOM HOUSE, RECOVERY IS A GOAL EVERYONE CAN REACH.**

Since Freedom House's creation in 1993, more than 330 healthy babies have been born drug-free to women in the program, ensuring a healthy start to their lives.

#### 2023 Outcomes:

- 89% of eligible clients who completed the program had increased visitation or were reunited with their children
- 96% of eligible clients who completed the program were discharged to stable housing
- 16 healthy babies were born to Freedom House clients



## FIND FREEDOM FROM SUBSTANCE **USE DISORDER.**

Volunteers of America Mid-States' Freedom House program is a nationally-recognized model for treatment and care of pregnant and parenting women working to overcome substance use disorder.

The only one of its kind in Kentucky, Freedom House helps moms begin a new path to becoming healthy and sober while delivering healthy babies and keeping families united.

# **AT FREEDOM HOUSE, RECOVERY IS** A GOAL EVERYONE CAN REACH.



"I came to VOA broken. I was homeless, my children were in foster care and my addiction had taken everything of value to me."

-Chaly Downs, Freedom House Alumni Coordinator

Chaly is proof that recovery is possible and Freedom House works.

Chaly is more than a Freedom House graduate - she is a VOA colleague and leader overseeing Louisville's alumni relations.

"I utilized all the support systems and really engaged in therapy and counseling because I was determined to get myself and my children back."

- **Kentucky**

### **Ongoing Support**

- Alumni program

# WHY FREEDOM HOUSE?

#### **Family-Focused Recovery**

• We accept women at all stages of pregnancy and allow all children under 18 to stay with you in treatment

• CPS-qualified parenting classes

• Support to create a reunification plan

### **Fast Admission**

• Transportation to Freedom House from anywhere in

• Same day, evening, and weekend admissions

• Help applying for Kentucky Medicaid if you are uninsured

### **Evidence-Based, Individualized Treatment**

• Individual, family, and group therapy provided by licensed mental health professionals, who see a maximum of 12 clients • Medications for opioid or alcohol use disorder (such as Suboxone or Vivitrol)

• Every client works with a targeted case manager to find

housing, employment, education, etc.

• Option to live in VOA transitional housing for up to two years