

OUR THREE-PHASE PROGRAM

Phase 1

ASAM 3.5

Clinically Managed High-Intensity Residential
Focus on building a foundation for recovery

Phase 2

ASAM 3.1

Clinically Managed Low-Intensity Residential
Focus on reintegrating into the community

Phase 3

ASAM 2.1

Intensive Outpatient (IOP) with Boarding
Opportunity to work part-time during IOP phase

Freedom House is an outcome-driven program, where length of stay is determined by progress toward your treatment goals rather than a fixed number of days.



Get recovery help now.

(502) 635-4530 Louisville, KY

(606) 658-8050 Manchester, KY

IntakeARS@voamid.org

Locations

1025 2ND STREET
LOUISVILLE, KY
40203

1436 SHELBY STREET
LOUISVILLE, KY
40217

8467 N HIGHWAY 421
MANCHESTER, KY
40962



Access our online referral form here



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FREEDOM HOUSE

Find treatment for substance use disorder at Freedom House **WITHOUT** leaving your children behind.

AT FREEDOM HOUSE, RECOVERY IS A GOAL EVERYONE CAN REACH.

Since Freedom House’s creation in 1993, more than 330 healthy babies have been born drug-free to women in the program, ensuring a healthy start to their lives.

2023 Outcomes:

- 89% of eligible clients who completed the program had increased visitation or were reunited with their children
- 96% of eligible clients who completed the program were discharged to stable housing
- 16 healthy babies were born to Freedom House clients



FIND FREEDOM FROM SUBSTANCE USE DISORDER.

Volunteers of America Mid-States’ Freedom House program is a nationally-recognized model for treatment and care of pregnant and parenting women working to overcome substance use disorder.

The only one of its kind in Kentucky, Freedom House helps moms begin a new path to becoming healthy and sober while delivering healthy babies and keeping families united.

AT FREEDOM HOUSE, RECOVERY IS A GOAL EVERYONE CAN REACH.



“I came to VOA broken. I was homeless, my children were in foster care and my addiction had taken everything of value to me.”

-Chaly Downs, Freedom House Alumni Coordinator

Chaly is proof that recovery is possible and Freedom House works.

Chaly is more than a Freedom House graduate - she is a VOA colleague and leader overseeing Louisville’s alumni relations.

“I utilized all the support systems and really engaged in therapy and counseling because I was determined to get myself and my children back.”

WHY FREEDOM HOUSE?

Family-Focused Recovery

- **We accept women at all stages of pregnancy and allow all children under 18 to stay with you in treatment**
- CPS-qualified parenting classes
- Support to create a reunification plan

Fast Admission

- **Transportation to Freedom House from anywhere in Kentucky**
- Same day, evening, and weekend admissions
- Help applying for Kentucky Medicaid if you are uninsured

Evidence-Based, Individualized Treatment

- Individual, family, and group therapy provided by licensed mental health professionals, who see a maximum of 12 clients
- Medications for opioid or alcohol use disorder (such as Suboxone or Vivitrol)

Ongoing Support

- Every client works with a targeted case manager to find housing, employment, education, etc.
- Alumni program
- Option to live in VOA transitional housing for up to two years