OUR THREE-PHASE PROGRAM

Phase 1

ASAM 3.5

Clinically Managed High-Intensity Residential Focus on building a foundation for recovery

Phase 2

ASAM 3.1

Clinically Managed Low-Intensity Residential Focus on reintegrating into the community

Phase 3

ASAM 2.1 Intensive Outpatient (IOP) with Boarding Opportunity to work part-time during IOP phase

Freedom House is an outcomedriven program, where length of stay is determined by progress toward your treatment goals rather than a fixed number of days.



Get recovery help now.

(502) 635-4530 Louisville, KY (606) 658-8050 Manchester, KY IntakeARS@voamid.org

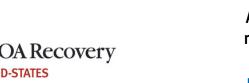


1025 2ND STREET LOUISVILLE, KY

40203

1436 SHELBY STREET LOUISVILLE, KY 40217

8467 N HIGHWAY 421 MANCHESTER, KY 40962



Access our online referral form here



FREEDOM HOUSE

Find treatment for substance use disorder at Freedom House WITHOUT leaving your children behind.

AT FREEDOM HOUSE, RECOVERY IS A GOAL EVERYONE CAN REACH.

Since Freedom House's creation in 1993, more than 330 healthy babies have been born drug-free to women in the program, ensuring a healthy start to their lives.

2023 Outcomes:

- 89% of eligible clients who completed the program had increased visitation or were reunited with their children
- 96% of eligible clients who completed the program were discharged to stable housing
- 16 healthy babies were born to Freedom House clients



FIND FREEDOM FROM SUBSTANCE **USE DISORDER.**

Volunteers of America Mid-States' Freedom House program is a nationally-recognized model for treatment and care of pregnant and parenting women working to overcome substance use disorder.

The only one of its kind in Kentucky, Freedom House helps moms begin a new path to becoming healthy and sober while delivering healthy babies and keeping families united.

AT FREEDOM HOUSE, RECOVERY IS A GOAL EVERYONE CAN REACH.



"I came to VOA broken. I was homeless, my children were in foster care and my addiction had taken everything of value to me."

-Chaly Downs, Freedom House Alumni Coordinator

Chaly is proof that recovery is possible and Freedom House works.

Chaly is more than a Freedom House graduate - she is a VOA colleague and leader overseeing Louisville's alumni relations.

"I utilized all the support systems and really engaged in therapy and counseling because I was determined to get myself and my children back."

- **Kentucky**

Ongoing Support

- Alumni program

WHY FREEDOM HOUSE?

Family-Focused Recovery

• We accept women at all stages of pregnancy and allow all children under 18 to stay with you in treatment

• CPS-qualified parenting classes

• Support to create a reunification plan

Fast Admission

• Transportation to Freedom House from anywhere in

• Same day, evening, and weekend admissions

• Help applying for Kentucky Medicaid if you are uninsured

Evidence-Based, Individualized Treatment

• Individual, family, and group therapy provided by licensed mental health professionals, who see a maximum of 12 clients • Medications for opioid or alcohol use disorder (such as Suboxone or Vivitrol)

• Every client works with a targeted case manager to find

housing, employment, education, etc.

• Option to live in VOA transitional housing for up to two years